

FREE VITAMIN D FOR 60s AND OVER.

COLLECT HERE.

COLLECTION TIMES AND DAYS

ORGANISATION:

Monday 3.00PM TO 5.00PM

Tuesday 3.00PM TO 5.00PM

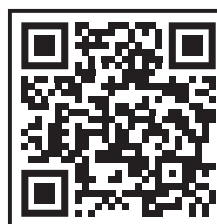
Wednesday 3.00PM TO 5.00PM

Thursday 3.00PM TO 5.00PM

Friday 3.00PM TO 5.00PM

Saturday 10.00AM TO 11.00AM

Sunday CLOSED



If you are a Newham resident aged 60 or over, you can get free vitamin D supplements to help you stay healthy.

To find out more, speak to us, visit your local library, call the Age UK Helpline on **020 8981 7124** or visit

www.newham.gov.uk/vitamind

WE ARE NEWHAM.